



Caring FOR THE
Whole Person

*A Collaborative Initiative of the California Catholic Conference
and the Alliance of Catholic Health Care*



Caring for the Whole Person Core Curriculum

MODULE 1	<p>Introduction to Caring for the Whole Person Care Initiative (CWPI) and Introduction to Palliative Care and Hospice</p> <p>Contents:</p> <ul style="list-style-type: none"> • General overview of the initiative • What is Palliative Care and how can I receive that type of care • What is the difference between Palliative Care and Hospice
MODULE 2	<p>Catholic Moral Teaching Around End of Life Care</p> <p>Contents:</p> <ul style="list-style-type: none"> • Ethical and Religious Directives related to end of life • Common Misunderstandings of Catholic Teaching on Ethical Decisions about Treatment
MODULE 3	<p>Caring for Parishioners along the Continuum of Care</p> <p>Contents:</p> <ul style="list-style-type: none"> • How clergy can support parishioners and families towards the end of life • Resources from our faith tradition • How to support parishioners and families towards the end of life • Physical, emotional, spiritual changes and how to address them • Physician Assisted Suicide guidelines and how to respond • Communication and Listening Skills • Boundaries and confidentiality • Volunteer Guidelines
MODULE 4	<p>Advance Care Planning, Communication and Taking Care of Business</p> <p>Contents:</p> <ul style="list-style-type: none"> • Overview of Advance Care Planning • Advance Directive • POLST • Misunderstandings about POLST • Advance Directive vs. POLST

MODULE 5	Parish as a loving community, Caring for one another Contents: <ul style="list-style-type: none">• A Day in the Life of a Caregiver• Burdens of caregiving• Family dynamics around caregiving• How to provide emotional support to caregivers• What is grief and mourning• Stages and types of grief• Signs of grief• Spiritual care for the bereaved• How to manage and maintain a CWP Ministry• Recruiting and screening• Identifying speakers for presenting• Identifying parishioners in need and assigning CWP ministers• Documenting and reporting visits• Keeping volunteers engaged
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